

POET-TREE

Mindful Place-Based Poetry Writing

1. Find a tree or another natural element to sit with and observe for at least 10 minutes.
2. Take note of observations of this tree or natural element.
3. Can you describe the trees character in one word or phrase?
3. What impact does the current season have on the tree? (winter, spring, summer, fall)
4. How might you relate to the resilience of trees through the changes of seasons?

OBSERVATION 1

OBSERVATION 2

OBSERVATION 3

IS THERE A WORD OR PHRASE TO
DESCRIBE THE TREES CHARACTER?

WHAT IS UNIQUE TO THIS SEASON?
(WINTER, SPRING, SUMMER, FALL)

IN WHAT WAY DO YOU RELATE TO
THE TREE IN ITS RESILIENCY
THROUGH THE CHANGE OF
SEASONS?

A PEEK INSIDE MY MIND

In these clouds, write down your thoughts and feelings that arise. Then take note using descriptive words of what sensory observations you can make of your experience.



TREE PERSPECTIVES

What experiences have you had with trees?

How do you feel when you enter a forest or stand beside a tree?

Is there a tree that has meaning to you or that brings back memories?

How do trees and forests benefit us?

What influence do people have on trees and forests?

POET-TREE

Place-based poetry writing.
Expressing thoughts, feelings, and senses through poetry.

Forms of Poetry: .

Haiku: is a form of Japanese poetry made of short lines that suggest natural imagery. Haiku is most often written as a three-line poem, unrhymed, with a 5-7-5 syllable pattern.

EXAMPLE

The trees roots grow deep
Reaching high into the sky
Standing strong and mighty.

Cinquain: Poem consists of five-lines, each line with a specific purpose.

- (1) title in two syllables
- (2) description of title in four syllables
- (3) a description of action in six syllables
- (4) a description of a felling in eight syllables
- (5) another word for title in two syllables

EXAMPLE

Earth Worms
Squiggly Squirmers
Aerating our topsoil,
Happily helping our garden
Crawlers.

Acrostic: The first letter in each line vertically spells the topic of what the poem is about.

EXAMPLE

Towering
Reaching
Extending
Embracing the Sky

Diamante: seven lined poem that form a diamond shape.

EXAMPLE:	Noun	tree
	adjective, adjective	tall, sturdy
	participle, participle, participle	standing, towering, observing
	noun, noun, noun, noun	branches, trunk, anchor, shelter
	participle, participle, participle	nurturing, swaying, caring
	adjective, adjective	proud, happy
	Noun	tree

Windspark: Five-lines that follows the pattern below.

1. "I dreamed"
2. "I was... (what is being described)"
3. (where)
4. (an action)
5. (how/feeling)

EXAMPLE

I dreamed
I was a tree
On a hillside
Playing with the wind
Joyfully.

Ideas: Decide on what you want to convey. This could be describing your tree, the feelings that arise, or the sensory experience. Then pick which form of poetry above best suites your goal.

POET-TREE WRITE

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*After you have chosen your form of poetry, use the space below to develop your poem.
Perhaps try a few different forms of poetry.*

